

2018 – 2019 Cross Country

DAY	DATE	TIME	SITE	Schools	ADDRESS
WEEK 1					
Tues	Sept. 25	4:30pm	Forest Glenn at Tradewinds	Crystal Lake Sawgrass Springs Rickards Plantation Pompano Beach Beachside Renaissance University	
WEEK 2					
Wed	Oct. 3	4:30pm	Seminole at Heritage Park	Crystal Lake Silver Lakes Westglades Coral Springs Rickards Indian Ridge Pines Charter	
Week 3 Finals: Host – South Plantation, West Broward Site: Markham Park 4:00pm					